

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



GRATITUDE MONTH - Let's Give Thanks!

Activity Room - AR Living Room - LR Library - L Card Room - C Dining Room - DR Beauty Shop - B

9-9:30 Walk/Roll Stroll 1
10:30-11:30 Culinary Council Meeting - Library
1:30-2:00 Chair Exercise w/Powerback -DR
2:30-3:15 Choir Rehearsal - Library
6-7 Puzzle Time off 2nd Fl. Elevator

9-9:30 Garden Stroll 2
9:45-11:30 Shopping Trip to Kroger
2-4 EUCHRE Card Game - C
2:30-3:30 The Park Pixies Redhat Hot Fudge Cake Social - AR
5-6 Midweek Puzzle - LR

9-9:30 Morning Walks 3
10:00-10:30 Hot Chocolate & Trivia - LR
1:30-2:00 Balance Training w/Powerback - DR
2-4 Bridge Club Meets - C
2:30-3:30 The CARLOLA CHOIR Performs - DR

9-9:30 Independent Walks 4
9:30-2 Trip to D Day Memorial in Bedford & Lunch
2:30-3:15 B-I-N-G-O - DR
5-5:30 "Wine Down" Group Meets LR
6:30-7 Living Room Chats

9-9:30 Morning Stroll 5
10:30-11:30 "SKIP BO" Group Meets -Library
2:00-4:00 Afternoon at the Movies - L
6:00-7:00 Sunday BINGO w/Carol (Prizes) - LR

10-10:30 Weekend Puzzle 6
Packets - LR
2-3 Bible Study with David Burgess - L
6:30-8 p.m. Sunday Nite at the Movies - L
Daylight Saving Time Ends

9-9:30 Morning Stroll 7
10-10:30 "Muffin Monday" AR
10:30-11:30 Bible Study with Janet - Library
2:30-3:30 Monday Manicures
5-5:30 "Wine Down" Group Meets - LR

9-9:30 Independent Walks 8
10:30-11:30 Pet Visits with Chewy - All Floors
1:30-2:00 Chair Exercise w/Powerback -DR
2:30-3:15 Choir Rehearsal - Library
6-7 Puzzle Time off 2nd Fl. Elevator

9-9:30 Morning Walk 9
9:30-11:30 Shopping Trip to Belk
2-4 EUCHRE Card Game - C
2:30-3:30 FOOD ART CLASS- AR (Turkey Treats)
5-6 Midweek Puzzle - LR

9-9:30 Walk/Roll Stroll 10
10:00-10:30 Noodle Ball LR
1:30-2:00 Balance Training w/Powerback - DR
2-4 Bridge Club Meets - C
5-7 FAMILY NIGHT DINNER

Veterans DAY 11
9-9:30 Morning Walk
11-11:30 Forgotten Soldier Table -2nd fl
11:45-1 Veteran's Day Luncheon & Program - Activity Room
2:30-3:15 B-I-N-G-O - DR
5-5:30 "Wine Down" Group Meets - LR
Remembrance Day (Canada)

9-9:30 Independent Walks 12
10:30-11:15 SATURDAY B-I-N-G-O W/Susie - LR
2:00-4:00 Afternoon at the Movies - L

10-10:30 Weekend Puzzle 13
Packets - LR
10:30-11:30 Sunday Morning Worship w/Earl Gudemann - L
2-4 Sunday Afternoon at the Movies - L
6:00-7:00 Sunday BINGO w/Carol (Prizes) - LR

9-9:30 Walk/Roll Stroll 14
10-10:30 Let's Make Our "GRATITUDE PUMPKIN" - LR
10:30-11:30 Bible Study with Janet - Library
1:00-3:30 Trip to Ikenberry's Orchard & Country Store
5-5:30 "Wine Down" Group Meets - LR

9-9:30 Morning Walk 15
10-10:45 "DON'T MIND IF I DO" New Resident Social - AR
1:30-2:00 Chair Exercise w/Powerback -DR
2:00-3:00 Monthly Resident Council Meeting - L
6-7 Puzzle Time off 2nd Fl. Elevator

9-9:30 Morning Stroll 16
10:30-11:15 Thanksgiving HANGMAN - AR
2-4 EUCHRE Card Game - C
2:30-3:30 Wine & Design (Holiday Painted Wine Glasses) - AR
5-6 Midweek Puzzle - LR

9-9:30 Independent Walks 17
9:30-10:15 Bible Study w/Eugene from Sunset Ministries - L
1:30-2:00 Balance Training w/Powerback - DR
2-4 Bridge Club Meets - C
2:30-3:30 Manicures - AR

9-9:30 Walk/Roll Stroll 18
10:30-11 Cookoff Judging AR
The Park Oak Grove Annual Chili Cookoff - AR (Prizes Awarded)
12-1 Chili Cookoff Luncheon (Taste the winning chili's and enjoy lunch on us) AR
2:30-3:30 Josh Urban Live - LR
5-5:30 "Wine Down" Group LR

9-9:30 Morning Stroll 19
10:30-11:30 SKIP BO Group Meets -Library
2:00-4:00 Afternoon at the Movies - L

10-10:30 Weekend Puzzle 20
Packets - LR
2:00-4:00 Sunday Afternoon at the Movies - L
6:00-7:00 Sunday BINGO w/Carol (Prizes) - LR

9-9:30 Morning Stroll 21
10-10:30 "Muffin Monday" AR
10:30-11:30 Bible Study with Janet - Library
2:30-3:30 Monday Manicures - B
5-5:30 "Wine Down" Group LR

9-9:30 Independent Walks 22
10:30-11:15 Monthly Spelling Bee - LR
1:30-2:00 Chair Exercise w/Powerback -DR
2:30-3:15 Choir Rehearsal - Library
6-7 Puzzle Time off 2nd Fl. Elevator

9-9:30 Morning Walks 23
10:30-11:00 "Turkey Scavenger Hunt" -LR
11:00-1 Lunchbunch Trip to Red Palace Chinese Restaurant
2-4 EUCHRE Card Game - C
5-6 Midweek Puzzle - LR

9-9:30 Morning Stroll 24
10:30-11:00 "Turkey Scavenger Hunt" -LR
11:00-1 Lunchbunch Trip to Red Palace Chinese Restaurant
2-4 Bridge Club Meets - C

9-9:30 Morning Walk 25
10:30-11 Poetry Corner with Sam - LR
2:30-3:15 B-I-N-G-O - DR
5-5:30 "Wine Down" Group Meets - LR (Special Snacks)
6-6:45 p.m. Patio Chats

9-9:30 Independent Walks 26
10:30-11:15 SATURDAY B-I-N-G-O W/Susie - LR
2:00-4:00 Afternoon at the Movies - L

10-10:30 Weekend Puzzle 27
Packets - LR
2:00-4:00 Sunday Afternoon at the Movies - L
6:00-7:00 Sunday BINGO w/Carol (Prizes) - LR

9-9:30 Walk/Roll Stroll 28
10-10:30 Hot Cider & Conversation - LR
10:30-11:30 Bible Study with Janet - Library
2:30-3:30 Monday Manicures - B
5-5:30 "Wine Down" Group LR

9-9:30 Garden Walk 29
10:30-11:30 BINGO AUCTION - L
1:30-2:00 Chair Exercise w/Powerback -DR
2:30-3:30 Afternoon "HAND SPA" w/Dottie from Affinity - AR
4:30-7:30 Dinner Outing to Coach & Four

9-9:30 Morning Stroll 30
10-10:45 Name That Tune "Holiday Edition" - LR
2-4 EUCHRE Card Game - C
2:30-3:30 Tree Trimming Kick Off Social w/Tom Adams- DR
5-6 Midweek Puzzle - LR

November 2022

All Activities are Subject to Change, and Change will be Reflected on our Daily Calendars!